

Palm Beach County Food Project

Most needed:

Cereal, Hearty Soups, Cooking Oil

Non-Perishable Food Items:

- Canned Meat
- Canned Fruit
- Canned Tuna, Chicken
- Canned Beans, any kind
- Coffee
- Dried Beans
- Canned Corn and other Veggies
- Brown Rice
- Canned Soups
- Ready-to-Cook Rice or Couscous
- Long Grain White Rice
- Canned 'Tomatoes
- Pasta Sauce
- Fruit Cocktail
- Side Dishes
- Soy Milk
- Canned Milk
- Durable 'Milk, Dehydrated Milk
- Texturized Vegetable Protein
- Pasta, Dried Mashed Potatoes
- Hamburger Helper. Rice-a- Roni, etc.
- Salad Dressing
- Macaroni & Cheese

Especially for the Homeless:

- Sleeves of Crackers
- Vienna Sausages
- Small Pork and Beans
- Small Tuna, Chicken
- Fruit or Applesauce Cups
- Pop Tarts, Snack Bars
- Peanut Butter
- Cheese Crackers

Especial/for the Seniors:

- Dried Fruits
- Ready-made Jell-O & Pudding
- Ensure Protein Drinks
- Low-sodium Pull-tab Soups
- Low-sodium Single- Serving Meals (Non-Frozen)
- Low-sodium Crackers
- Green Tea (Regular and Decaf)
- Canned Vegetables
- Hard Candies, Chocolate

Non Food Items:

- Diapers (Baby & Adult)
- Baby Food
- Toilet Paper
- Toothpaste
- Toothbrushes
- Soap
- Paper Towels

Items in BOLD are priority items

Thank you for your Support and Heart to help!

Clay & Kathie - (561) 600-7117